

You can find me here on site:

Baby pilot Laura Said

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Marien Hospital Düsseldorf

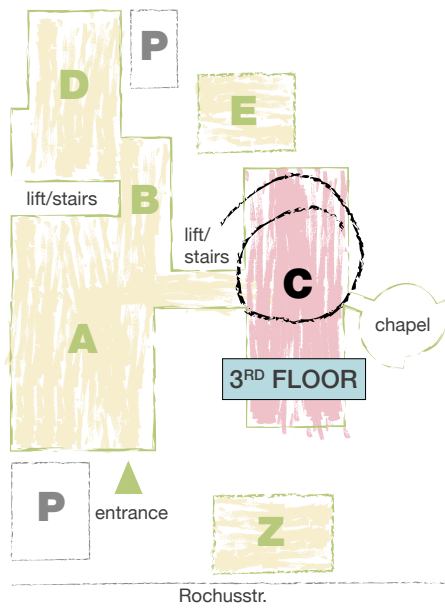
3rd floor, Area C

Station 3 A/delivery room

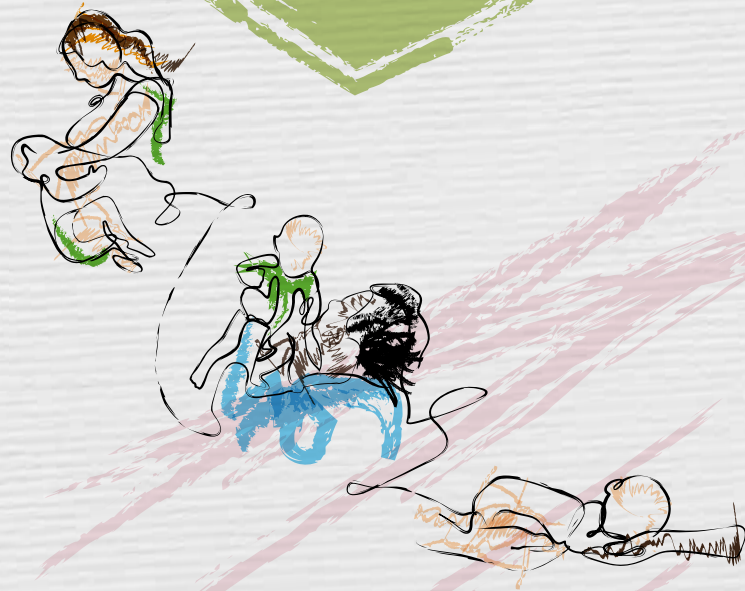
Rochusstraße 2, 40479 Düsseldorf

You can reach me:

Mondays, Tuesdays, Thursdays, and Fridays
from 8:00 a.m. to 12:00 p.m.



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“Baby pilot” is a nationwide prevention programme to promote the health of children before and after birth.

Stand: Januar 2022/3-2022/Auflage: 500

Dear mothers and fathers-to-be,

The birth of a child changes the previous life entirely. The time after birth is an adventure for all involved. Apart from the joy over the addition to the family, parents can also reach their limits. Insecurity and fear are utterly normal emotions, and many questions arise.

Maybe you are preoccupied with thoughts like:

I am looking forward to my child very much, but I am also worried and afraid about the future.

I have not found a midwife for home, yet.

I am a single parent and facing special challenges.

I have questions about applications, entitlements, and dealing with agencies.

I am looking for contacts and offers for me and my baby.

I am exhausted and at the end of my tether, and I need support in everyday life.

Just get in touch with me!

I advise you during the pregnancy and after the birth of your child and would like to support you in starting life with your child joyfully and fully informed.

Your baby pilot

The support programme

The baby pilot at Marien Hospital personally supports all pregnant women and their families from the registration for birth until after delivery. The focus of the pilot services is always the healthy development of your child. You as parents are taken seriously and supported in your needs and emotions. The aim is to prevent any crises from arising.



The baby pilot advises you on possible and useful support offers during pregnancy and right after giving birth.



She informs you about offers for families in your neighbourhood.



She provides first contacts and can accompany you if necessary.

Support from the baby pilot is free of charge, voluntary, and confidential.

